

Dark Green	Red/Orange	Beans/Peas Legumes	Starchy	Other	Additional
Argula Bok choy Boston or Bibb lettuce Broccoli Cilantro Collard greens Dark green leaf lettuce Green or Red leaf lettuce Kale Mesclun Mustard greens Romaine lettuce Spinach Turnip greens Watercress	Acorn squash Butternut squash Carrots Hubbard squash Orange bell peppers Pumpkin Red bell peppers Sweet potatoes Tomatoes Tomato juice Yellow Yams	Black beans Garbanzo beans (chickpeas) Kidney beans Lentils Navy beans Pinto beans Refried beans Soy beans Split peas White beans	Black-eyed peas (not dry) Corn Cassava (yuca) Green bananas Green peas Green lima beans Jicama Parsnips Plantains Taro Water chestnuts White potatoes White yams	Artichokes Asparagus Avocados Bean sprouts Beets Broccoli Broccoli sprouts Brussels sprouts Cabbage, green/red California blend (broccoli, cauliflower & carrots) Cauliflower Celery Cucumbers Eggplant Garlic Green beans Green bell peppers Iceberg lettuce Mushrooms Okra Olives Onions Radishes Snowpeas Squash, yellow Squash, spaghetti Tomatillos Turnips Wax beans Yellow bell peppers Zucchini	Italian blend Peas and Carrots Soups, vegetable Succotash Tuscan blend Vegetables, mixed * Additional vegetables requirement will be used for any vegetable mixture in which the ratio of the vegetable mixture is not clearly labeled or reported.